

This is Stacy Julian, with episode 15 of Exactly Enough Time. Exactly enough time is about playful creativity and other things like curiosity, happy colors, holidays, stories, and dark chocolate. I am your host, Stacy Julian, and I am a life enthusiast, and a believer. In this podcast we talk about people, places, things, and today... jewelry As we do, I hope you will find inspiration for living your life, and telling your story, because you have exactly enough time.

Hello! Thank you for listening. Before we jump into my interview today, I want to let you know about something fun that's coming up. My youngest son, Taft, is graduating high school in a few weeks, and I am creating a scrapbook for him. This is what I do. This scrapbook is called 180 days, because there are 180 days in the school year. Anyway, this is a concept that I have followed on three other school years or during the other school years-senior years. For my first three boys, only this year for Taft I'm tweaking the process a little bit and I'm using the short story kit that I designed with Close To My Heart. Anywho, 180 days album- it's a fantastic way to easily document, tell the story of a school year, either for a graduating senior or a brand new kindergartner at the end of his or her first year, or any student in between. I will be teaching this class, this project, and the creative process behind it, in a FREE! Facebook live class. On Friday, May 17 at 6pm Pacific Time, and I would love you to join me if that sounds interesting to you, you will find more information and details on my blog at Stacyjulian.com or on my Stacy Julian, LLC, Facebook page. Okay.

So, a few weeks back, I received an email that was rather fun, it was from Veronica Stout, who is the creator of "Vintage Meet Modern." I do not know Veronica, or did not know Veronica, until she emailed me and she said something like, "I love what you do, and I think you're gonna love what I do too," so I'm excited to have Veronica on the show today with me. Veronica is passionate about preserving items from the past, especially jewelry, and incorporating them into modern life. So "Vintage and Meet Modern" was born in 2011, Veronica has 20 years experience in the fashion retail styling and design industry, and her vision is to create an upscale shopping experience online, focusing on the needs of clients who want to accessorize their life with something

unique, historical and completely wearable. I love that -this idea of stories that we wear. So before I emailed Veronica back, I did a little research and I found something that she said on her website. She said -I could not let these legacy pieces wind up in a landfill-every piece had a story. It was either the woman who wore it that made it special, or the designer that designed it, that had a great story.- In her email, Veronica wrote. "So rather than just focus on pretty sparkly things. I have made it my mission to serve an audience that celebrates the story, much the same way you are so famous for."

How could I not invite Veronica, to come and tell me, and you, more about what she does. So, here we go.

SJ: Okay, Veronica I'm just gonna dive right in. I'm so thrilled to have you on my podcast today, and I know because we're not really, we're not at all in the same industry so I'm so excited to introduce you to my listener, so we're going to start there. Please tell me about you. Where do you live? What do you do, and why?

VS: Hi Stacy Thank you very much for having me on, my name is Veronica Stout. I am the founder of "Vintage Meet Modern" jewelry and styling, where we specialize in helping women look and feel their best by dressing and details, but we also believe in collaboration over competition. So we are trying to work hard to help people look and feel their best by dressing sustainably, passing on memories, making sure that there is a deeper connection to not just how they look in a feel, but the types of things that they can wear throughout their entire life. And so we're all about memorable style today, tomorrow and forever. So I live outside of Chicago with my three beautiful children and my awesome husband and I just am obsessed with all things sparkly.

SJ: That is so interesting to me, because you know, until you reached out to me, I never really thought and I don't know why, but I never really thought much about jewelry and being more intentional with it. I mean I love certain kinds of jewelry. I don't wear jewelry every day. I have in the past. Anyway, me and I went to your website and learned more about you and more about what you do and I got really excited, because I actually have a few vintage pieces of jewelry that were given to me, not from my mother in law but after she passed away, she passed away very early on in my marriage. I have a couple

photos of her and then other than that I have these pieces of jewelry, and I don't wear them often. I will sometimes wear one of the rings on Mother's Day, just to kind of think about her. Anyway, you've opened up a whole new thought bubble for me. To really get in and think about the stories that these pieces represent. So, I want to know how you got started doing what you do. So tell me more about the professional journey, because I know from just reading about you, you know your training isn't necessarily what you do now. So walk me through that story.

VS: Well, there's really there's like everything else in my life. And speaking of, you know, being memories and connected and you know you just mentioned, having a special piece to yourself that you might not wear all the time but you do pull out on special occasions. I was lucky enough to be raised in a sentimental family that believed in the importance of passing things down. But one of the ways that people did it was through physical storytelling, that's what I like to say so. I grew up with a grandmother that encouraged me to play in her jewelry box, I think it was back then, we probably didn't think about it as anything other than, you know memory making, she was probably actually tried to keep me out of her hair by telling me you know you could go and play in my jewelry box, but I think she also wanted to naturally educate me on something that she was also passionate about. It was a huge part of her personality, even though she was a very quiet person. She loved, she was actually a very talented seamstress and she used to change her look frequently by wearing costume jewelry, which was not vintage at the time, it was just things that she wore herself throughout the 50s, 60s, 70s and 80s. My journey into doing this was actually, I really wanted to go to interior design school. And I graduated from college. And my dad said that's funny, you just graduated with a degree in political science and Spanish. I'm not paying for you to go to interior design school, but you're welcome to do whatever you want now that you have your degree. So, I marched myself up and down Michigan Avenue in Chicago, and I said that I wanted to go to Harrington School of Interior Design, but I knew that I had to have a job that I could work on nights and weekends, and since I had always had a background in retail, I got a job working at Neiman Marcus, and I started in the jewelry department, which was only appropriate, because it was something that I had been raised around and loved and adored. I like to tell this to people to both inspire them to go after their

dreams but also to always think that you can be passionate about things that are important. When I started out at Neiman Marcus nobody wanted to be my friend. It was a commissioned sales environment. So, right, the employees and my co-workers God love them and many of them I'm still friends with today. When I first started out, it was a very cutthroat industry and so I immersed myself in learning about the jewelry because back then, which doesn't really even seem that long ago, except we didn't walk around 20 years ago with a phone in our hand. One of the beauties of the industry was that there were all these books from the designers that when they would send new lines into Neiman's had what things were made out of and what the inspiration was and things like that. So I just immersed myself in learning everything I could about the jewelry, and that's how I kind of fell in love with all areas of it-the sentimental part of giving it, reasons why women naturally gravitated towards it, why people like to give it, why people like to keep it, and it just kind of became my thing and it grew from there and there and there, and then when I left and I had my own family, I turned to online selling, instead of just working for another company.

SJ: Interesting. So when you see you turn to online selling, what, what actually was the other than, you know, you didn't want to go work everyday in a physical store, how did you make that jump- I'm super curious about that. Did you start on Facebook or oh it probably was maybe there wasn't Facebook I don't know, tell me.

VS: Well, I mean, I actually remarried, and I found myself as a single mother and I found myself with a huge closet full of designer and vintage clothing. And at that time blogging and the internet was just beginning to become a thing, and I had come across. Dave Ramsey, who was actually, you know, he was very much the, you know, you can sell anything you want, and he was the one who was like just put it on eBay. So I didn't really even know anything about eBay, or anything else like that but I got started on selling on eBay in 2009 with my own products and my own things that I had that I was just trying to move on to a different place, and my accountant sat down with me at the end of the year and was like, you know, it's not really my place to say, but have you ever thought about, really trying to make something of this because you sold more on eBay last year than you did while you were teaching preschool, and that's really where the birth of the business came in.

SJ: Isn't that interesting. I love those stories of it when you know it went from this thing to this thing to this to this. So, I just had another thought as I was thinking about this opportunity to talk to you, that was related to jewelry, and it was-coming home, I was probably 13 or 14 we had been at my grandmother's house we came home on Christmas Eve at our house had been broken into. And they took a few of the gifts, not a big deal, but they took my mother's jewelry box, which wasn't very valuable except her wedding ring was in there and that was really really really sad, but then she told me a few days later, "I just don't know who I am" and I was like "what, what are you talking about?", She's like, "they took all this costume jewelry, there were stories with every little piece" and she said, "Do you remember those yellow earrings? Well those were the earrings that I bought with my sister Shirley and I always wear it with my black and white..." so she started talking to me and I was like whoa, so she had all these memories wrapped up, you know, in this jewelry that really wasn't, you know worth much, but it really was worth everything- it had, she really felt lost, for, for several months without all of these pieces that she collected over her life. That just fascinated me.

VS: Jewelry really has such a powerful meaning for so many of us, I mean, and it goes so far beyond you know for example like wedding beads and wedding rings like you know that's a sign of eternal promise and things like that, but I always like to remind women, and part of the reason why I fell in love with it so much is the jewelry always fits. You're talking about a story of something that when you were only 13 and you know, there's that great meme that goes around the internet a couple times a year a little say like "I don't mean to brag, but my earrings from high school still fit." And that's the truth. I mean, yeah, these pieces have the ability to fit us throughout our entire life. And when we think of ourselves as a blank canvas, or that piece of paper that we start adding like layer upon layer and things like that, women, especially if you, whether you're a jewelry person or not that small piece can become such an important anchor or such an important part of you it's the one thing that will really make you feel like you're now really fully ready to take on the world- like the yellow earrings that you would have wore with your favorite black and white dress or something like that. It's like that way of being able to complete yourself, but then just know also that you're always setting yourself

apart from the rest. And I think that that's part of the fun about vintage and costume jewelry in general is that, you know, I mean, it was actually invented and created to be able to be afforded by the masses. So, you know, jewelry for such a long time was such a status symbol of wealth, and then it also was something that was so important related to memories, you know, including for like when women during Victorian times, things like that would wear things that were like mourning roaches and things like that like that was a symbol of the place of where they were in their life, but now it's become like I said, it's that icing on the cake. It's that final detail that sets things apart, it's all the bells and whistles that we get excited over when we finish an interior design project. I mean for a woman or for just people even in general, it's the way to really set yourself apart from the rest.

SJ: As you talk I just, you know, you're opening all these little memory boxes for me and, and I say I don't work drew wear jewelry but really for years I did it was not so much necklaces but for years I wore very colorful bracelets and I collected them and I actually, you know I used to travel a great deal when I worked full time. My youngest boy really missed his mom sometimes, you know, and I remember coming home, and he had gone into my bedroom and put all of my little bracelets on like they went all the way up from his wrist to his elbow and I'm thinking that that is you're saying is you're talking to me, I'm like that, you know that to him. He's like my mom is gone but I'm gonna wear her bracelets and, you know. My nanny had told me he was wearing them around. I think it's fascinating, they do represent us. I mean the pieces that we choose to wear, and maybe over and over and over again. So I'm super curious after having browsed your website, a little bit if you maybe know of a specific story either related to a piece of jewelry or maybe you have a story of a customer that you serve, that you would be able to share.

VS: We've got lots and lots of great stories. I think that that is something that continues to help keep me with my passion going is being lucky enough to have so many people share so many incredible stories with us. So there's a few that come to mind. Some of the most important ones are like I said, is that jewelry has the ability to make us feel like we are going to look and feel our best even when we don't look and feel our best. One of the best stories that I have is how the jewelry collection actually grew so large, was

from a previous customer that we actually consigned her collection, and she was downsizing her collection because she had arthritis in her hands, and could no longer have the rings fit on her finger. And so we took in 600 rings from her. When we took them in, it really was like getting to sit with a history lesson. She's same thing that you had just mentioned here- she had stories about where she had collected them throughout her entire life, Some of them she had gotten when she was worked in corporate America and she traveled and she treated them to herself, some of there were ones that she just sat up late at night and she was bored and she decided to buy herself something online, but what was amazing was that to her she had all these little stories that went along with all of them. So in that case there was this very powerful connection of feeling like a person's legacy was living on through her collection. Likewise, we've also worked with women who have been at an in between stage in their life. I remember standing in a dressing room helping a woman get dressed once who was a doctor's wife, and he was a very prominent doctor in Chicago and they would go to ribbon cuttings and award ceremonies and he would be honored frequently, and she was pregnant with her second child and it was a hot Chicago summer I mean, it was just drenching, and she looked right at me and she said, "I cannot try on another dress, I cannot I physically I physically cannot" and we had it on down to the jewelry department, and we just found her the most incredible necklace. And after that, that was it. Even after she had other babies and things like that, it was always black dress, and then find me, the most interesting, amazing statement necklace that you can set me apart from the rest so that I can have like my little outfit. You know my little like wardrobe or my little like uniform type thing, and then I'm going to constantly change it. So a lot of the pieces that you might see on the website are reflective of the woman that wants to make herself stand out like that. And then, of course, we've got all these great stories of where certain pieces of jewelry come from, that's based on history. Like many of our pieces are book pieces, so they were featured in collectors books about jewelry history. Then we have pieces that come from really specialist states like we've had a privilege of consigning the estates and also liquidating estates for jazz singers in Chicago and for actresses and things like that and so we like to remind people that a lot of the pieces that we have. It's all about the legacy that goes along the pieces.

SJ: That is so cool. So do you actually communicate that when someone comes in and buys something, do you keep track of those stories somehow?

VS: As long as it's okay with where we acquired the jewelry from we try, we try to tell the story. Sometimes we might be working with an estate where someone has passed or we may be doing something that somebody wants to have their privacy or their anonymity kept. And so in those situations we don't but then we always try to do the best justice of explaining why the pieces are so important, or why they're special. A lot of times what I like to remind people is that all of the pieces that we do carry or out of production. So that in itself makes every single piece we have special because you can never just go to just any website or any store, or even though there are some pieces that might be more common or certain designers that might be more common, you're never going to so easily just come across them ever again. So everything is like a special treasure just for you.

SJ: You talk about styling, someone, how are you doing that online? Does someone send you a picture of an outfit actually and then you give them ideas, or what does that process look like?

VS: Well we have actually a couple of different ways that you can work with us in the styling, sort of, I guess you could say situation. The first of which is that we are, we're naturally content creators, we love to create content and we love to give people the content that they want to have so the whole styling side of our business was born out of the questions that we would receive regularly. When I started in this industry out on my own. A lot of what I heard was people who would come up to our collection or they would see it online and they would say, "Oh, I love this. It's so beautiful. But I don't know how to wear it." So the first thing that we did is that we said well, now that live video is such an important part and you know it captivates people so well. We do a ton of live video work. So we have a live video show twice a week, where we talk about what the pieces are, why they're special and give you a little bit of history and information that we have with it. And then we also produce a video series called "where this with that", where we show you how easy it is to wear your vintage pieces with your modern clothes because our philosophy is that if you have it in your jewelry box, and it brings you any



kind of joy, we want to inspire you to put it on, and that doesn't mean that you have to dress costumey, that doesn't mean you have to dress like you're getting up to go to the Civil War reenactment, it means that if you shop at Target if you shop at Talbots if you go to Nordstrom if you wear jeans and a T shirt, we're going to show you how you can actually wear it with what you already have hanging in your closet, and we might even introduce you to a few fabulous other brands along the way.

SJ: That's the one I'm gonna watch, because now this is probably why I say I don't wear jewelry. I think, well I don't need to wear jewelry today right so that's so fascinating.

Yeah, I'm gonna link. I will definitely link to those in the show notes. So curious, you know you reached out to me and you had listened to an episode of exactly enough time, so why did you reach out to me and what is, you know, I'm giving you know audience with, with, if I have listeners they're primarily familiar with me through scrapbooking and memory keeping, so what do you want to say to them about what you do and how they can learn from it?

VS: Well, it's interesting because I came across you because you had been writing about a Peter Jennings episode. Yes, and I felt that the way that you were talking about journalism and memory making and the way that we present histories to be so important and so relevant in today's world, it made me want to jump out of my chair and scream-yes! When I heard you say it, I was like "This is amazing!" And then, I believe it was through there that I paper trailed us through "uncommon objects." I'm a huge fan of "uncommon objects" also. And so, when I think of memory keeping, the interesting part of it came into play is that my sister actually is a huge scrapbooker. We used to go on these family vacations where she and my mother would like take all of their scrapbooking things up to, like, Wisconsin, eight hours away from here with like no TV, no anything else, and like the entire cabin would just be covered in like photos and memories and things like that, and it wasn't that they just incorporated pictures. They also incorporated little things that had little memory things that were incorporated. So ticket stubs maybe or maybe a souvenir type thing or something like that. And we would always have these really great conversations about how that physical, visual things that just connect to your senses in general, have that ability to trigger your memories. And so what I'd want to be able to tell your readers is that being able to wear jewelry that's

from the past is like being able to connect to that on a regular basis. It's just a different way of scrapbooking- it's like a wearable scrapbook, it maybe even makes you think that like, well, a wearable scrapbook or wearable momento actually would be something like a locket, or maybe something but does it always have to be? Couldn't it just be something that you know like if you touch- like your grandmother's pearls or maybe a wedding or an anniversary ring that you inherited from somebody else. Isn't that kind of a way of wearing like a wearable scrapbook? So that's why I would want to encourage people to take a second look at things that they might have sitting in a drawer or I might want to challenge them to say, you don't always have to have something brand new, it might be fun to add something that actually does have a rich fashion or historical history to it, that might be fun to be able to incorporate that into your memories.

SJ: I love it, because to me it's all about connection, I mean that really has always spoken to my heart. I'm not always telling stories with photos. In other words, right, and I feel like I have enough stories when I do exactly what you describe when I do something that's either a part of my routine, or I display something in my home, or maybe now wear jewelry, that, that feels like a connection for me to another person or another place. That's, I love it. Yeah, I love it so much so. So let's just say someone is listening. That really does, maybe you've never thought about maybe they have some vintage jewelry pieces or maybe they want to, you know, take advantage of what you offer. How can they, how can they make sure that whatever it is that possesses this unique story laden meaning for them. How can I make sure that it's valued more? Maybe they even have a couple pieces of Grandma's jewelry, how would you suggest that they attach a story to that piece, not only for now, you know, then maybe wearing it, but for the future for you.

VS: Well recently actually, I had a really great conversation that was related to this, and it actually came up, related to the holidays, and we actually coming into Mother's Day, and somebody was saying the same thing where they were saying "well I inherited a box of vintage jewelry from a family member, but somebody kept it for a reason, but I don't really understand the reason why and now it's just been given to me." And I love the idea of being able to take the time to celebrate with your family or to celebrate with your special friends, and even if you're not necessarily ready to pass those pieces on to

somebody, I had actually thought it was a great idea to do like a dress up party or something where you sit and you talk about why these pieces are special, and I want to be able to hit home that I think that there's something special that you can do in terms of memory keeping also that your readers or your listeners would probably actually really resonate with, which is, if you have family members in photographs, wearing those photos tell the stories of it.

I think a great example of that is that Aurora Borealis jewelry was that iridescent jewelry that was invented in, like the 1950s, and so many of us have pictures of our mothers and our grandmothers wearing that jewelry in the 1950s and then they find it upstairs sitting in a box at their aunts, their grandmother's, their sisters, their cousin's house or something like that and think of how special it would be to spend a day, going through the pictures, and talking about when and where the women wore these pieces to- the memories that would just come back alive, of getting to share that shared experience, and then those pieces mean so much more, they're actually being transcended and being passed down from generation to generation. and then you can even include your children and that also, you know, my children loved getting to play, just like I loved getting to play dress up in my grandmother's jewelry box, my children love getting to play dress up in mine. You even mentioned your own son that when you used to travel used he put on your own bangles, so we don't realize that how connected our children are to actually being able to touch and feel these pieces, so I would definitely say that, you know, make a day of it have some fun with it.

SJ: I love that. I feel like we're so hurried and just always on the go and how interesting really to create that intentional, just some time and whether you know the story of the jewelry- talk about the person. Yeah, I know that photograph wearing it, that's what you have memories of. So again, it's just-it's a touch point- it's a, it's an opportunity for us to talk about that person- it's a trigger.

VS: One of the most memorable bridal showers I ever went to. Instead of giving a favor to everybody there was a vintage brooch, there was a mannequin completely covered in vintage brooches. And they were a collection that somebody had inherited from a family member and everybody at the end of the bridal shower was asked to please take a brooch from the mannequin. And what a really great way to be able to pass on

somebody else's legacy and then like I said, the best part about it again is that everything is wearable, you don't think that it necessarily is because you don't walk into Talbots or you don't walk into Ann Taylor you don't walk into J Crew and find an entire mannequin full broaches, but then when you sit you think about it, you're like, "yeah, I could totally put that on my coat. Or I could totally you know I could totally put that on to go out today", or something like that. Then people stop and ask you all the time. Where did you get that from?

SJ: Yeah, that is true, that is, that is true when I do wear jewelry that's that's really what often generates the most conversation or questions right?

VS: Oh, yea...it's a conversation piece.

SJ: Yeah, and I do actually see now I'm realizing I might be more connected to jewelry than I thought. But when I travel, I very often pick up something from that trip so I've been to Australia a couple times and I have this great necklace and very time I wear it someone says that's so cool did you make it? It's made with buttons and they look like they're I don't know. But, um, but they're all bound together as if I could have made it didn't, you know, yeah, but I always get comments on that, and it's one of my favorite pieces because of where I purchased it right I want to remember the trip and I found this great little store and, yeah, it was my souvenir much better than some little, you know, trinkets that I could have picked up so... fascinating. Okay, I have loved talking to you. It's kind of time to start winding down a little bit but I want to give you an opportunity to respond. I have a couple of questions that I try to offer regularly with guests, because I am very much about connection to other people, places and times. I want to ask you- tell me about either a person, a place, or thing right now in your life that you're maybe extra excited about or focused on, it will help us get to know me a little bit better.

VS: Excellent question. Well, I am really excited over the, I guess, places that we are partnering with more and more here at Vintage Meet Modern. We have been working very closely with J Crew, talking about sustainability and feeling good about making investments and pieces, so that you can wear and enjoy them for a longer period of your life, instead of just trying to have instant gratification but also really trying to be part of the legacy style movement, as we're putting it.

SJ: I love that, when you say you're working with J Crew what does that mean?

VS: So that means that we produce a lot of video content, and a lot of photography content, talking about how easy it is to mix your vintage pieces with your modern clothes. We're also getting ready to do that with Ann Taylor as well also, so like I said we are very excited to have even brands that are newer brands, looking at the importance of how accessories play such a big role in a woman's life. So that's very fun and it's also very fun getting to be able to reinvent both what places that we all love to shop have already sitting inside as well as all the one of a kind treasures that we have sitting, how we can think of different ways to be able to mix them and match them and change the looks of things over and over again, I'm all about trying to help you feel truly like you are your best and also giving you something that's truly unique. I love celebrating unique people.

SJ: And we're all unique. That is so awesome.

VS: Yeah, that's definitely, definitely something that's really exciting. So it's been a long time that we've been working towards that.

SJ: Okay, well I will make sure, again in the show notes that I am giving listeners links to how they can connect with you, Instagram, on Facebook, your website, and then maybe learning about some of the efforts that you're now just my, my mind is spinning, with opportunities of, you know, connecting better with the jewelry that I do have and maybe starting to wear it a little bit more so, yeah, your time and your expertise, you called me, you know, in the original email you sent you said "I just love connecting to other intentional lifestyle, experts" and I was like..."did she just call me an intentional lifestyle expert?"

VS: Absolutely! Oh my gosh, you and I could go on and on and on forever because I want to talk to you all about the importance of, you know intentionally doing something with all the memories that you create, you know.

SJ: Let's do it. It's another episode for sure. Okay, well thank you so much Veronica, for your time. I appreciate your time and I'm just excited for my listeners to get to know you a little bit.

VS: Oh and I am looking forward to getting to know them as well. I hope that we can continue to have a great relationship with each other and as always, you know, I'm here to help to support you on your journey as well so anything that we can do to help.

SJ: See this is how it's supposed to be your beautiful thank you so much.

VS: Thank you.

We actually had a little technical difficulties right at the end of my conversation with Veronica, you didn't get to hear her fill in the blank. I have exactly enough time for.... her response was, *reflect*, and I really think that that's a great word, and a great response, Veronica went on to explain that she loves keeping a journal that by doing, by doing so, she is able to better see where she's been, where she is now, and create a lot of awareness and intention for who she wants to become in the future. So, you have exactly enough time to reflect. That is beautiful.

I want to thank you for the positive feedback, lots and lots of feedback, came in after last week's episode, which was the conversation that I had with my son Chase, who has ADHD, and I want to play you one of the comments that I received through the orange SpeakPipe button on my blog and on the show notes at Stacyjulian.com

“Hi, Stacy- it's Charlene from Tennessee. And I so appreciate your podcast with Chase today at bringing awareness to ADHD. I have ADHD, and it's been a trial, because I was diagnosed in the 70s, where they didn't know much of anything. I also raised an ADHD son. And I refuse to have him officially diagnosed because I didn't want him labeled like I was labeled. So, kudos to you and Chase for bringing awareness as this doesn't make you bad. It just makes you different. And there are so many great things about being, ADHD, like hyper focus, and so many ideas being creative, like Stacy and Chase.”

Thank you so much, Charlene, I will be sending you a “story starter” kit. I really appreciate you taking the time to share your thoughts with me. I will be back next week with another episode of Exactly Enough Time.